

Trauma Counseling Program

A free benefit for all active working AFT members to provide help and healing after facing personal or workplace trauma.





Convenient & Confidential

Sessions take place over video or phone and are completely private with password-protected therapy rooms.



Specialized Treatment

Incident-based trauma counseling from a licensed Master's level or higher skilled therapist.

Covered Incidents

To receive this free benefit, AFT members who are actively working or on leave may submit a claim for up to one year after one of the following incidents:

24/7

Aggravated assault

Domestic violence

Sexual assault

Mass shootings

Acts of terror

Major disaster

AT WORK

Bullied, harassed or threatened

Traumatized by witnessing a violent incident

Infection by contagious disease

Secondary trauma



Member Benefits

AFT.ORG/MEMBERS-ONLY